

Rocky's Retreat



Canine Health &
Fitness Center

Dogs Living Better Stronger Longer

Animal Assessment Form

PLEASE LET US KNOW IF YOU OR YOUR ANIMAL IS (OR COULD BE) PREGNANT OR IS TAKING MEDICATIONS, AS SOME ESSENTIAL OILS SHOULD BE AVOIDED IN PREGNANCY AND WITH CERTAIN MEDICINES.

Date: _____

Owner's details:

Name: _____ Contact phone number: _____

Address: _____

E-mail Address: _____

Animal's details:

Name: _____ Age: _____ Sex: _____ Altered: _____

Breed: _____ Used for: _____

Describe the **current problem**, the animal's history and any treatment, current or past, that has been prescribed by a vet or other holistic practitioner.

ANIMAL'S LIFE HISTORY (the more the better):

ANIMAL'S MEDICAL HISTORY: (please provide as much detail as appropriate):

Respiratory:

Allergies:

Skin condition:

Coat condition:

Nail condition:

Back or other Structural problems:

Digestion (Slow? Fast? Easily upset?):

Worming history:

Vaccination history:

Reproductive health:

General health and any other relevant history:

ANIMAL'S LIFESTYLE:

Live in/out?

Where does animal sleep?

How much turn out/walks/play time?

Diet. (please include everything you feed and when):

Attitude to food:

How much exercise?

ANIMAL'S PERSONALITY:

Hierarchy position:

Basic temperament:

Attitude to life:

Vices:

Unusual habits:

Attitude to other animals:

Attitude to humans:

Attitude to work:

What does your animal love most in life?

What does he/she hate?

FIVE ELEMENT QUESTIONS. (PLEASE ONLY ANSWER YES OR NO HERE)

Does he/she habitually have angry outbursts?

Is he/she often impatient or intolerant?

Does he/she enjoy a challenge?

Does this animal get panicky?

Can he/she get over-exuberant, especially in company?

Is he/she shy?

Does he/she get overly concerned or worry about others?

Is he/she emotionally needy?

Does he/she respond well to changes in routine?

Does he/she respect the boundaries of others?

Is he/she sensitive about its personal space?

Can he/she seem aloof ?

Is he/she trusting by nature?

Can he/she be fussy or demanding?

Does he/she ever give the impression of being 'miles away'?

For the following questions, read the five answers to each question carefully, decide which answer is MOST TYPICAL of your animal and give it a mark of 5, mark the least likely response as 1, and the others 2, 3 and 4 in order of similarity to your animal.

1. You and your animal go on an adventure, does he/she most typically:

- A) Relish the experience and come alive
- B) Get excited and nervous,
- C) Get worried and anxious
- D) Assess the situation coolly
- E) Would rather go home

2. Your animal is center stage does he/she most typically:

- A) Enjoy the challenge
- B) Revel in the limelight but get a bit goofy
- C) Mess up the routine it has been doing perfectly
- D) Carry on regardless, carefully ignoring the attention
- E) Refuse to participate

3. Your usual routine has changed, is your animal most typically:

- A) Impatient and pushy
- B) Really excited to see you, wants to play all the time
- C) Anxious and demanding of your attention
- D) A bit standoffish
- E) Outwardly cool, but withdrawn, possibly restless

4. Your animal most typically learns best through:

- A) Simple direction
- B) Play

- C) Repetition
- D) Precise explanation
- E) Figuring it out in his own time

5. When your animal is scared he/she will most typically:

- A) Lash out
- B) Fool around/get hysterical
- C) Demand attention
- D) Get guarded and spiky
- E) Disappear

6. Would you describe your animals approach to life as most typically:

- A) Forward fast
- B) Curious
- C) Lazy
- D) Considered
- E) Cautious

7. When meeting a new person your animal is most likely to be:

- A) Quite forward, even a little intimidating
- B) Excited and curious, or shy
- C) Friendly and demonstrative
- D) Polite but distant
- E) Suspicious

8. When your animal is eating he/she will most typically:

- A) Keep one eye on the competition
- B) Always be ready to leave for something more interesting
- C) Forget anything else exists
- D) Pick and choose the best bits and leave the rest
- E) Eat because one must

9. The most important thing in your animal's life is:

- A) Action
- B) Playmates
- C) Harmony
- D) Personal space
- E) A quiet place to retreat to

10. Your animal least tolerates:

- A) Boredom
- B) Isolation

- C) Conflict
- D) Confusion
- E) Noise

11. Which of these best describes your animal?

- A) The Organizer
- B) The Playmate
- C) The Sympathizer
- D) The UN Observer
- E) The Philosopher

12. How does your animal like to be touched?

- A) A good solid pat or massage as a sign of solidarity
- B) Soft caresses
- C) Can't get enough of hugs and attention
- D) Doesn't really like to be touched except by a few special people
- E) Will come to you for a cuddle in its own good time

TELL US ABOUT YOURSELF:

What is your animal experience?

Have you had help training this animal, if so, with who?

What attracted you to this particular animal (not the breed, the individual)?

What are your hopes and expectations from this animal?

What do you like most about this animal?

What do you like least about this animal?

What is your basic attitude to life?

Is there any other information you think will be relevant?

Agreement: I understand that essential oils are not a replacement for proper veterinary care.

I agree to follow the instructions that will be given to me, and use the oils only as taught. I understand that Sherri Cappabianca of Rocky's Retreat is available to answer any questions that I might have and if I am in doubt I will contact her via phone or email.

Owner's signature _____